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### **Carol a. langelier**

Langelier, C. (2005). Mood management: manual: A cognitive behavioral skills building program for Program for Adolescents; Skills Workbook: Carol A. Langelier

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Carol A. Langelier is the author of Mood Management (4.50 avg rating, 2 ratings, 1 review, published 2001) and Mood Management Leader's Manual Carol A. Langelier

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